



| CHILDREN/YOUTH | |
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| BOYS AND GIRLS CLUB UMPQUA VALLEY | 541-440-9505 |
| FAMILY DEVELOPMENT CENTER | 541-673-4354 |
| FORD FAMILY CENTER | 541-440-4650 |
| YMCA | 541-440-9622 |
| DISABILITY SERVICES | |
| DISABILITY SERVICES OFFICE | 541-440-3427 |
| DOUGLAS RESIDENT TRAINING FACILITIES | 541-679-6237 |
| OREGON ADVOCACY CENTER | 800-452-1694 |
| OREGON COMMISSION FOR THE BLIND | 971-673-1588 |
| SOCIAL SECURITY | 800-325-0778 |
| UCC DISABILITY SERVICES | 541-440-7655 |
| UMPQUA VALLEY DISABILITY NETWORK | 541-672-6336 |
| UMPQUA VALLEY PUBLIC DEFENDERS | 541-957-5344 |
| VICTIMS ASSISTANCE | 541-440-4390 |
| VOCATIONAL REHAB DIVISION ROSEBURG | 541-440-3371 |
| DRUG AND ALCOHOL PROGRAMS | |
| ADAPT | 541-672-2691 |
| AL-ANON | 541-677-3406 |
| ALCOHOL ANONYMOUS | 541-673-7552 |
| NARCOTICS ANONYMOUS | 541-957-1489 |
| SERENITY LANE | 541-673-3504 |
| EDUCATION | |
| COW CREEK GOVERNMENT OFFICE | 541-677-5575 |
| DOUGLAS COUNTY ESD | 541-440-4777 |
| DOUGLAS COUNTY PUBLIC LIBRARY | 541-440-4305 |
| HEAD START | 541-673-6306 |
| OREGON SCHOOL BOARD ASSOC. P.O. BOX 1068, SALEM, 97309 | 503-588-2800 |
| PHOENIX SCHOOL | 541-673-3036 |
| PROJECT LITERACY | 541-957-9072 |
| UCC ADVISING AND CAREER CENTER, STUDENT CENTER | 541-440-4610 |
| UCC STEP WOOLLEY CENTER 1634 W. HARVARD AVE | 541-440-4603 |
| UCC SUCCESS CENTER, ESB BUILDING | 541-440-7733 |
| WOLF CREEK JOB CORPS | 541-496-3507 |
| EMPLOYMENT | |
| BARRETT BUSINESS SERVICES | 541-440-3076 |

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| CARDINAL EMPLOYMENT SERCVIVES | 541-672-8466 |
| COW CREEK TRIBE OFFICE | 541-672-9405 |
| EMPLOYMENT DEPARTMENT | 541-440-3344 |
| EXPRESS EMPLOYMENT PROFESSIONALS | 541-673-3332 |
| HIRE CALLING STAFFING SOLUTIONS | 541-673-3200 |
| SOS EMPLOYMENT | 541-673-3200 |
| UCC JOB PLACEMENT, STUDENT CENTER | 541-440-7797 |
| UCC JOBS | 541-440-4668 |
| UMPQUA TRAINING & EMPLOYMENT | 541-672-7761 |
| FINANCIAL SERVICES | |
| CONSUMER CREDIT COUNSELING | 541-673-3104 |
| CONSUMER INFORMATION CENTER | 888-878-3256 |
| SMALL BUSINESS DEVELOPMENT | 541-672-2535 |
| HEALTH | |
| BOYS AND GIRLS AID SOCIETY | 541-957-4803 |
| BREATHE FREE STOP SMOKING | 541-672-1542 |
| COMMUNITY HEALTH ALLIANCE | 541-440-3500 |
| HIV AIDS OUTREACH | 800-234-0985 |
| HIV AIDS RESOURCE CENTER | 541-440-2761 |
| HOPE PREGNANCY CENTER | 541-672-2609 |
| MERCY COMMUNITY EDUCATION CENTER | 541-677-2102 |
| MERCY EMERGENCY | 541-677-2386 |
| MERCY HOSPICE | 541-677-2384 |
| OPEN ADOPTION & FAMILY SERVICE EUGENE | 800-772-1115 |
| OREGON POSION CONTROL | 800-492-7165 |
| OREGON TOBACCO QUIT LINE | 877-270-7867 |
| PRESCRIPTION ASSISTANCE PROGRAM | 541-440-3600 |
| UMPQUA COMMUNITY HEALTH CLINIC | 541-672-9596 |
| WEST AMBULANCE SERVICE | 541-673-0632 |
| WOMENS HEALTH & FAMILY PLANNING | 541-440-3521 |
| HOUSING SERVICES | |
| AMERICAN RED CROSS (DOUGLAS COUNTY) | 541-673-3255 |
| BATTERED PERSON'S ADVOCACY | 800-464-6543 |
| CASA DE BELEN (TEENS, FAMILIES) | 541-677-0073 |
| ROSEBURG RESCUE MISSION (MEN) | 541-673-3004 |
| SAMARITAN INN (WOMEN AND FAMILIES) | 541-672-5387 |
| UCAN (HOUSING) | 541-672-3421 |
| LEGAL SERVICES | |
| DEPT. OF JUSTICE DIVISION OF CHILD SUPPORT | 541-440-3357 |
| LEGAL AID SERVICES OF OREGON | 541-673-1181 |
| PUBLIC DEFENDER | 541-957-3544 |
| UMPQUA VALLEY PUBLIC DEFENDERS | 541-440-4484 |
| VICTIMS ASSISTANCE/DISTRICT ATTORNEY | 541-440-4390 |
| MENTAL HEALTH | |

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| ANOREXIA & BULIMIA SUPPORT GROUPS | 541-673-8404 |
| COMMUNITY HEALTH ALLIANCE | 541-440-3532 |
| DEVELOPMENT DISABILITES PROGRAM | 541-440-3566 |
| OVEREATERS ANONYMOUS | 541-679-8124 |
| SUICIDE PREVENTION HOTLINE | 800-866-9780 |
| UCC COUNSELING CENTER | 541-440-4610 |
| UMPQUA COUNSELING | 541-673-0057 |
| VALLEY VIEW COUNSELING | 541-673-3985 |
| PROTECTIVE SERVICES | |
| BATTERED PERSON'S ADVOCACY | 541-673-7867 |
| CRIME PREVENTION UNIT DOUGLAS COUNTY | 541-957-4766 |
| DOUGLAS COUNTY JUVENILE OFFICE | 541-440-4415 |
| DOUGLAS COUNTY STREET CRIMES | 541-440-4561 |
| ROSEBURG POLICE DEPARTMENT NON-EMERGENCY | 541-440-4471 |
| UCC CAMPUS SECURITY, WAREHOUSE | 541-440-7777 |
| VETERANS' RESOURCES | |
| EMPLOYMENT ASSISTANCE, CHAD ext. 2357 | 541-440-3344 |
| DISABLED AMERICAN VETERANS (VAC) RIDES | 877-310-4167 |
| NATIONAL PERSONNEL RECORDS CENTER | 314-801-0800 |
| OR NATIONAL GUARD POST DEPLOYMENT ASSISTANCE | 888-688-2264 |
| OREGON MILITARY ASSISTANCE HELP LINE | 800-511-6944 |
| OREGON VETERAN HOME LOANS | 503-373-2051 |
| PORTLAND VA MEDICAL CENTER | 800-949-1004 |
| ROSEBURG VA HOSPITAL | 541-440-1000 |
| UCC VA EDUCATIONAL BENEFITS STUDENT CENTER | 541-440-4621 |
| UNITED HEALTH CARE (TRICARE) | 888-899-5071 |
| VA HOME LOAN ELIGIIBILTY | 888-847-9378 |
| VA REGIONAL OFFICE | 888-442-4551 |
| VETERANS CRISIS LINE, PRESS OPTION 1 | 800-273-8255 |
| VOCATIONAL REHAB DIVISION (CHAPTER 31) | 541-242-0490 |
| KITCHENS IN DOUGLAS COUNTY | HOURS OF OPERATION |
| FOUNDATION FELLOWSHIP 813 SE LANE, ROSEBURG | Sunday 4:30-5:30pm Closed the 2nd Sunday of each month |
| FRIENDLY KITCHEN 1033 NE POST, ROSEBURG (541)673-5929 | Monday thru Friday 11:30am- 12:30pm |
| SOUPS ON CUMC 3520 FRONTAGE ROAD, REEDSPORT | Wednesday Noon-1:00pm |

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| ST. FRANCIS COMMUNITY KITCHEN 323 COMSTOCK, SUTHERLIN 541-459-8807 | Monday & Wednesday 4:30-5:30pm |
| ST. JOSEPH COMMUNITY KITCHEN 630 W. STANTON ST, ROSEBURG 541-673-5157 | Tuesday & Thursday 4:30-5:15pm |
| TABLE OF PLENTY 1242 NE SPRUCE AVE., MYRTLE CREEK | Saturday 1:00-3:00pm |
| PANTRIES IN DOUGLAS COUNTY | HOURS OF OPERATION |
| A.A.R.P. PANTRY 9TH & GREENWOOD, REEDSPORT | Thursday 11:00am - 2:00pm |
| CARE AND SHARE 1008 HAYHURST LANE, YONCALLA | Last Monday of month 9:00am - 12:00pm |
| COMMUNITY CARE FOOD PANTRY 3RD & PACIFIC AVENUE, GLENDALE | Thursday 1:00 - 3:00pm |
| DILLARD/WINSTON FOOD PANTRY METHODIST CHURCH 131 4TH STREET, DILLARD | Monday & Wednesday 9:30-11:30am |
| FISH DRAIN 131 WEST A AVENUE, DRAIN | Tuesday 9:00am-1:00pm |
| FISH ROSEBURG 405 JERRY'S DRIVE, ROSEBURG | Mon & Wed 2:00-3:30pm Thur & Fri 9:30-11:30am |
| FOUNDATION FELLOWSHIP 813 SE LANE, ROSEBURG | 3rd & 4th Sunday 5:00 - 6:00pm |
| PROJECT BLESSING FOOD BANK 2360 LONGWOOD DRIVE, REEDSPORT | Wednesday 1:00 - 3:00pm |
| ROSEBURG DREAM CENTER 1900 SE MAIN STREET, ROSEBURG Drop in center for homeless: Mon thru Thur 9:30am-4:00pm | Monday & Wednesday 10:00am-2:00pm |
| SDA CANYONVILLE 714 NW FRONTAGE RD, CANYONVILLE 541-839-4051 | Wednesday 9:30-11:45am 1:00-2:30pm |
| SDA CS GLIDE 174 ABBOTT ST, GLIDE | Wednesday 10:00am - 2:00pm also the 1st Wed of the month 4:00 - 6:00pm |
| SDA CS ROSEBURG 1109 NW GARDEN VALLEY, ROSEBURG 541-672-1542 | Tuesday 10:00am-12:00pm 3rd Tues 1:00-3:00pm |
| SOUTH DOUGLAS FOOD BANK 420 E STREET, RIDDLE 541-391-2796 | Thursday 9:00am - 12:00pm 3rd, 4th & 5th Saturday 10:00am-12:00pm |

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| ST. VINCENT DePAUL 116 N. MAIN, MYRTLE CREEK | Monday & Wednesday 9:00am-1:00pm |
| SUTHERLIN/OAKLAND EMERGANCY PANTRY 183 EAST 1ST AVE, SUTHERLIN | Monday & Wednesday 9:00-11:00am |

