

# COMMUNITY CONNECTIONS

WINTER 2023



Exercise, self-defense, and strength-building opportunities

[View classes on page 5](#)

## SEE INSIDE

PAINT, GROW VEGETABLES, OR MAKE HARD CIDER

SBDC OFFERS FREE BUSINESS ADVISING

GET YOUR GED

### STEP BACK IN AND GET YOUR GED:

Flexible class times are available and take the GED test for free.

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**UMPQUA**  
Community College



## LIFELONG LEARNING

### LIFESTYLE CLASSES

[umpqua.edu/Lifestyle](http://umpqua.edu/Lifestyle)

#### COOKING

##### HOW TO MAKE ONIGIRI **NEW**

\$59 Join us in learning to make your own unique Onigiri (rice ball) to share with family.

1/14 Sat 10 am-noon CC Kitchen

##### CROCKPOT COOKING SERIES **NEW**

\$35 each or \$99 for all 3

Warm up this winter with our how-to crockpot classes. Choose up to 3.

1/18-2/15 Wed 6-7:30 pm CC Kitchen

##### TAMALE MAKING 101 – HOMEMADE TAMALES

\$55 Impress your family and friends with a step-by-step demo for the perfect tamale.

1/21 Sat 10 am-1 pm CC Kitchen

##### VALENTINE DINNER FROM AROUND THE WORLD WITH BRANDY

\$59 Join Brandy Stumpe as she create a romantic affordable dinner from around the world!

2/8 Wed 5:30-8:30 pm  
Brandy's Place, 287 Bailey Dr., Roseburg

#### SPECIAL INTEREST **NEW**

##### MAKE A FOAMING BATH MILKSHAKE

\$39 Learn how to make a Milkshake Bath Soak. Watch the water turn into a luxurious rainbow.

2/4 Sat 11 am-1:30 pm CWT 14

##### BREWERY TOUR OF ROSEBURG

\$99 Join us for a Saturday of tasting at some of your favorite Douglas County breweries.

2/25 Sat 11:30 am-5 pm TBA

##### LET'S MAKE HARD CIDER

\$159 Learn the fundamentals, and take home 2 cases plus an entire homemaking cider kit.

2/21-3/14 Tue 5:30-7 pm Lang Vit Lab

##### OH BABY!

\$99 Learn to sew 4 thoughtful and adorable projects that are perfect for a new baby.

2/28-3/21 Tue 6:30-8 pm CWT 14

##### SEWING 2

\$129 Take your sewing skills to the next level.

1/24-2/21 Tue 6:30-8 pm CWT 14

##### SOCK KNITTING MADE SIMPLE

\$35 Join us in knitting a cozy pair of socks perfect for winter.

2/25 Sat 6-4pm CWT 15

#### HOME & GARDEN

##### GARDEN STARTS FOR SUMMER VEGETABLES **NEW**

\$25 each or \$69 for all 3

Get your green thumbs dirty and prepare for your summer garden. Choose up to 3 classes.

1/28, 2/25, 3/18 Sat 11 am-12:30 pm CWT 14

##### WELDING FOR THE HOBBYIST

\$149 Learn the basics of welding in a project-based course (open-lab format).

1/10 Tue 9 am-6 pm Lang 203

##### WOODWORKING WORKSHOP

\$89 Learn woodworking techniques with hands-on experience.

1/12-3/2 Thu 6:30-8 pm  
Riddle High School, 147 Main St., Riddle

## ARTS CLASSES

[umpqua.edu/Art](http://umpqua.edu/Art)

##### INTRODUCTION TO WATERCOLOR

\$89 Learn the basic techniques of watercolor painting. Supply list is provided at first class.

1/23-3/20 Mon 9-11 am CWT 14

##### ORIGAMI FOR BEGINNERS – VALENTINE EDITION **NEW**

\$39 Learn the Japanese art of folding and make a pop-up flower card for Valentine's Day.

2/11 Sat 10 am-Noon CWT 14

##### INTRODUCTION TO MONOPRINTS **NEW**

\$149 Learn this style of printmaking where the image is only made once. Practice different techniques to make a card or piece of art.

3/4 Sat 10 am-Noon CWT 14

##### AUSTRALIAN PAINTING 2 **NEW**

\$99 Join us for this artistic journey through Australia, and explore different painting styles.

1/12-3/9 Thu 10:30 am-12:30 pm CWT 14

 **ed2go** online lifelong learning classes

For full descriptions and to register, visit [ed2go.com/Umpqua](http://ed2go.com/Umpqua)

We are pleased to partner with Ed2go to provide a variety of online classes. Find class offerings in areas of art, health and wellness, writing and foreign language. We also have a large variety of courses for business and career training.

**Register Now**  
For full descriptions: [umpqua.edu/cwt](http://umpqua.edu/cwt)

541-440-4668 • [CWTOperations@umpqua.edu](mailto:CWTOperations@umpqua.edu)



## LANGUAGE CLASSES

[umpqua.edu/Language](http://umpqua.edu/Language)

### BEGINNING SIGN LANGUAGE

\$75 Learn and practice finger spelling and signs for 350-450 words.

1/10-3/14 Tue 5-7 pm TAP 16

### CONTINUING SIGN LANGUAGE

\$75 Pick up speed and expand your signing vocabulary with immersion practice.

1/9-3/13 Mon 5-7 pm TAP 16

#### GOLD CLASSES

### BEGINNING CONVERSATIONAL SPANISH

\$89 Gain practical knowledge and basic conversational skills.

1/17-3/14 Tue 6-8 pm TAP 14

### ITALIANO! **NEW**

\$55 This fun and upbeat class includes simple, basic Italian, travel tips, a bit of Italian history, and even singing a few Italian songs.

2/23-3/23 Thu 6:30-8 pm TAP 14

## HEALTH AND WELLNESS CLASSES

[umpqua.edu/HealthWellness](http://umpqua.edu/HealthWellness)

### TAI CHI **NEW**

\$89 Study the martial art of Tai Chi. Increase your physical and spiritual health.

1/10-3/9 Tue, Thu 10-11 am WCH 20

### BARRE FITNESS

\$59 Combines the elements of ballet and yoga — designed to strengthen and tone your body.

1/10-3/14 Tue, Thu 5:15-6:15 pm  
Vibe Dance Studio, 833 SE Cass, Roseburg

### AIKIDO

\$45 Develop self-defense skills, improve balance and physical conditioning.

1/10-3/16 Tue, Thu 7-8 pm AC 11

#### GOLD CLASSES

### GET MOVING, GET FIT

\$69 1/9-3/15  
\$39 1/9-2/8 or 2/13-3/15

Low-impact aerobics improving flexibility, coordination, strength, and balance.

Mon, Wed 10:30-11:30 am  
Glide Cmty Ctr  
20062 N Umpqua Hwy, Glide

### PAIN RELIEF GENTLE YOGA

\$79 Discover ways to move, breathe and approach chronic pain and lessen symptoms.

1/9-3/15 Mon, Wed 2-3 pm  
Zen Yoga Studio, 735 SE Cass, Roseburg

### QIGONG

\$89 1/17-3/16  
\$69 1/17-3/14 or 1/19-3/16

Uses stretching, deep breathing and invigorating circular motion for your body.

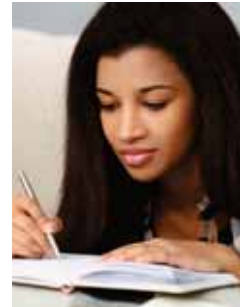
Tue/Thu 11 am-Noon  
Roseburg Dance Studios, 965 SE Court St.





**Register Now**  
For full descriptions: [umpqua.edu/cwt](http://umpqua.edu/cwt)

541-440-4668 • [CWTOperations@umpqua.edu](mailto:CWTOperations@umpqua.edu)



# PROFESSIONAL DEVELOPMENT

## SHORT-TERM TRAINING

[umpqua.edu/ShortTerm](http://umpqua.edu/ShortTerm)

### PROFESSIONAL TRUCK DRIVER TRAINING

Get your Class A or B Commercial Driver's License (CDL) certification.

### WINE & SPIRIT EDUCATION TRUST (WSET) AWARD IN WINES

\$350 Explore global regions and wine styles for consumers and industry professionals.

#### LEVEL 1

1/10 Tue 9 am-6 pm Lang 203

#### LEVEL 2 **NEW**

2/18-19 Sat-Sun 8 am-5 pm Lang 203

### PHARMACY TECH TRAINING

\$1,199 Prepares students to enter the pharmacy field and take the National Healthcareer Association's ExCPT exam.

1/9-3/15 Mon, Wed 7-9:30 pm TAP 14

### SOWI BAHCO PRUNER AND LOPPER CERTIFICATION COURSE AND GRAPEVINE PRUNING

\$79 This course offers BAHCO pruning and lopper certification, and vineyard pruning.

1/21-22 Sat-Sun 8 am-5 pm LANG VIT LAB

### LEADERSHIP BOOT CAMP

\$899 7-week cohort for emerging managers, shift leads, and administrators, to improve leadership and supervisory skills.

1/17-2/28 Tue 9 am-4 pm CWT 15

#### Additional Professional Skills classes

#### FORKLIFT TRAINING

\$129 Learn the skills and requirements necessary to operator a forklift safely.

3/18 Sat 8 am-4 pm CWT 15

#### CONFLICT MANAGEMENT

\$245 Learn successful conflict management strategies to apply in your workplace.

2/6-3/3 Online

#### DATA ANALYSIS SERIES COMPLETION AWARD

\$495 Gain a better understanding of how to analyze data in a business setting.

2/6-4/28 Online

#### MASTERING EXCEL SERIES COMPLETION AWARD

\$495 Learn skills to create, edit and manage spreadsheets using Microsoft Excel.

2/6-4/28 Online

#### BOOKKEEPING SERIES COMPLETION AWARD

\$495 This program focuses on cash-basis accounting.

2/6-4/28 Online

#### SUPERVISORY & LEADERSHIP SERIES COMPLETION AWARD

\$395 Get practical, easy to understand, and insightful methods for new or experienced supervisors and managers.

2/6-3/31 Online

#### BUSINESS WRITING SERIES COMPLETION AWARD

Take all 3 business writing courses at a discounted rate.

\$495 Business Writing, Effective Copywriting, and Writing News and Press Releases.

2/6-4/28 Online

#### DIGITAL MARKETING SERIES COMPLETION AWARD

\$495 Get a fundamental, yet advanced, introduction to eMarketing.

3/6-6/30 Online

#### EXTRAORDINARY CUSTOMER SERVICE COMPLETION AWARD

\$145 Tweak your customer service from the ordinary to the extraordinary.

3/6-3/31 Online



# Register Now

For full descriptions: [umpqua.edu/cwt](http://umpqua.edu/cwt)



541-440-4668 • [CWTOperations@umpqua.edu](mailto:CWTOperations@umpqua.edu)



## SAFETY

[umpqua.edu/Safety](http://umpqua.edu/Safety)

### DRIVER EDUCATION

Roseburg residents – in person only

#### DRIVER EDUCATION AGE 15-17 WITH PERMIT

**\$249** Students, ages 15-17, must have Oregon permit at the time of registration.

2/6-3/20 Mon, Wed 6-8:30 pm TAP 15

#### ADULT DRIVER EDUCATION 18 YEARS +

**\$425** Students must have Oregon permit or valid driver license before class starts.

2/6-3/20 Mon, Wed 6-8:30 pm TAP 15

### CERTIFIED FLAGGER TRAINING

**\$139** Prepare to be a flagger for work zone traffic control. Receive State of ODOT Credentials for Flaggers.

Offered monthly REMOTE

### BOATER SAFETY

**\$25** Students who pass the course can apply for their boater education card as required by Oregon's mandatory Boater Education Program.

12/13 Tue 6-9 pm CWT 15

1/10 Tue 6-9 pm CWT 15

2/14 Tue 6-9 pm CWT 15

3/14 Tue 6-9 pm CWT 15

### HANDGUN SAFETY & SELF DEFENSE

**\$79** Gain knowledge and proficiency to safely use and care for handguns from a nationally certified instructor.

3/16 Thu 6-9 pm CWT 15

3/18 Sat 9 am-noon Range (meet at CWT 15)



## CPR & FIRST AID

[umpqua.edu/CPR](http://umpqua.edu/CPR)

*The American Heart Association strongly promotes knowledge and proficiency in all AHS courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA. Classes with low enrollment are subject to cancellation.*

### COMMUNITY MEMBERS & FAMILIES

Get trained and certified in CPR and First Aid.

#### AHA CPR/AED TRAINING

**\$64**

11/15 Tue 5-9 pm CWT 15

12/6 Tue 5-9 pm CWT 15

1/23 Tue 5-9 pm CWT 15

2/27 Tue 5-9 pm CWT 15

3/14 Tue 5-9 pm CWT 15

#### AHA FIRST AID CPR AED

**\$94**

11/15-16 Tue, Wed 5-9 pm CWT 15

12/6-7 Tue, Wed 5-9 pm CWT 15

1/23-24 Mon, Tue 5-9 pm CWT 15

2/27-28 Mon, Tue 5-9 pm CWT 15

3/14-15 Tue, Wed 5-9 pm CWT 15

#### AHA FIRST AID/CPR AED FOR INFANTS

**\$94**

12/10 Sat 8:30 am-3:30 pm CWT 15

2/11 Sat 8:30 am-3:30 pm CWT 15

### AHA/BLS HEALTHCARE CLASSES

#### AHA HEALTHCARE PROVIDER (BLS) SKILLS CHECK

**\$70** The skills check session is for people completing the online AHA HCP BLS course. **Schedule appointment**

#### AHA BLS/HS INSTRUCTOR TRAINING

**\$299**

1/7 Sat 9-3 pm CWT 15

3/11 Sat 9-3 pm CWT 15

#### AHA HEALTHCARE PROVIDER (BLS)

**\$99**

12/8 Thu 5-9 pm CWT 15

1/4 Wed 5-9 pm CWT 15

2/8 Wed 5-9 pm CWT 15

3/22 Wed 5-9 pm CWT 15

#### AHA HEALTHCARE PROVIDER RECERT (BLS)

**\$99**

11/22 Tue 5-9 pm CWT 15

12/20 Tue 5-9 pm CWT 15

1/10 Tue 5-9 pm CWT 15

2/21 Tue 5-9 pm CWT 15

3/7 Tue 5-9 pm CWT 15





The SBDC has been a great asset for my business helping with everything from great business advising to wonderful support from people who truly are in your corner.

— BL Performance

JONATHAN MCSWEENEY AND CHRIS LANGFORD

Register now at [umpqua.edu/sbdc](http://umpqua.edu/sbdc)



## WINTER CLASSES & WORKSHOPS



### FIRST STEPS TO STARTING A BUSINESS

\$30 (includes 2 people)

This comprehensive two-hour workshop will teach you all the steps needed when you have an idea or are thinking about starting a business. Learn about what business entity to choose, mechanics of starting a business and much more, plus FREE one-on-one advising.

1/3	Tue	Noon-2 pm
1/31	Tue	Noon-2 pm
2/28	Tue	Noon-2 pm
3/28	Tue	Noon-2 pm

### QUICKBOOKS BASICS

\$199 In this three-class series, you'll learn how to take the fear out of your bookkeeping, properly set up your company and navigate your day to day entries.

2/9 & 16	Thu	2-4:30 pm
2/14	Tue	2-4:30 pm



### CREATE A VIABLE BUSINESS PLAN

\$249 Complete your business plan with an instructor, one-on-one, using LivePlan Software. Class meets twice plus individual assistance to complete all viable components of your business plan.

2/7 & 2/21	Tue	5:30-8 pm
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### REAL ESTATE BROKERS PRE-LICENSE TRAINING WITH DAVID STRIBLING

\$699 This series (10 parts) with an optional all day review, meets the required 150 hours of pre-test training for Oregon and will prepare you for the brokers exam.

1/19-3/23	Thu	6-9 pm	online Zoom
3/25	Sat	9 am-5 pm	(optional)

### MARKETING PLAN DEVELOPMENT

\$99 In this 3-hour workshop, learn how to pinpoint your target audience and create a working viable marketing plan that will focus on attracting customers.

1/2	Mon	5:30-8:30 pm
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## OREGON CCB CONTRACTOR EDUCATION: PRE-LICENSING

If you are wanting to become a licensed Contractor or have been in business for a while and need continuing education credits, we are here for you.

### CCB (CONTRACTORS CONSTRUCTION BOARD) EXAM

\$475 Prepare in this two-day comprehensive workshop and take the CCB exam same day.

- **Lesson 1**  
Business Structure, Business Finance, Business Taxes
- **Lesson 2**  
Bids & Estimates, Contracts, Project Management, Lien Law
- **Lesson 3**  
Oregon Code, Safety, Environmental Issues, Building Envelope
- **Lesson 4**  
Oregon Construction Law, Employees, Subcontractors

1/6-7	Fri & Sat	7:30 am-5:30 pm
3/31-4/1	Fri & Sat	7:30 am-5:30 pm

### Self-study Program **NEW**

YouTube instruction videos with orientation and testing live via Zoom.

1/31-2/28	Tues	6-9 pm
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Our SBDC for Douglas County is driven to help YOU succeed! Whether you are thinking about starting a business, expanding your footprint, taking the steps needed to transition your business or even wanting to sharpen your skills, we are here for you. **Take that first step and call our center today at 541-440-7824 or visit [Umpqua.edu/sbdc](http://Umpqua.edu/sbdc)**

— Diane M. Mahoney Interim SBDC Director

All classes are located at Umpqua Business Center (UBC)  
522 SE Washington Ave., Roseburg, unless otherwise noted.

The Oregon Small Business Development Centers are partially funded by the U.S. Small Business Administration and the Oregon Business Development Department.

POWERED BY **SBA** All SBA funded programs are extended to the public on a nondiscriminatory basis. Reasonable accommodations for persons with disabilities will be made if requested in advance. Umpqua Community College is an equal opportunity educator and employer.



**Register Now**  
For more info: [umpqua.edu/sbdc](http://umpqua.edu/sbdc)

# THE SOUTHERN OREGON WINE INSTITUTE



SOUTHERN OREGON  
WINE INSTITUTE



*Your Gateway to the Umpqua Valley Wine Industry*

## CCB CONTINUING EDUCATION

### TAX PREP FOR THE CONTRACTOR

**\$199** Learn which legal forms are best for your business; how to reduce taxes; what to provide your accountant to reduce costs; and what your banker and insurance agent require.

1/23 **Mon** 5:30-8:30 pm  
1/26 **Thurs** 5:30-8:30 pm

### QUICKBOOKS FOR THE CONTRACTOR

**\$249** Learn how to navigate QuickBooks for accounting, estimates, job reports and more.

#### 4 comprehensive sessions:

3/11 **Sat** 9:30 am-Noon  
3/14 **Tue** 5:30-8 pm  
3/18 **Sat** 9:30 am-Noon  
3/21 **Tue** 5:30-8 pm

### BUILDING A BRAND

**\$99** Identify and implement a successful brand strategy that determines your target audience, positions your product and helps you define your company's brand culture and sales pitch.

1/9 **Mon** 5:30-8:30 pm

### CREATE A VIABLE SALES PLAN

**\$99** Learn how and where to find your next customer. Work with a template complete with steps needed to achieve the growth you want.

2/6 **Mon** 5:30-8:30 pm

### RECORD KEEPING & ESTIMATING FOR CONSTRUCTION CONTRACTORS

**\$249** Navigate the basics of bookkeeping, taxes, job costing, estimating, and marketing, and receive 10 hours continued education for CCB license.

1/28, 2/25, 3/25 **Sat** 7 am-2 pm

## SMALL BUSINESS MANAGEMENT PROGRAM

### Helping Build Oregon's Best Businesses

- Want to spend more time working ON your business rather than IN your business?
- Have a desire to SUCCEED as a small business owner?
- Want to manage your time and financial resources to achieve a great return on investment?

We have 3 levels to meet your business needs:

- Business Fundamentals
- Business Systems
- Business Strategies

**Classes run October-June. Next enrollment is Oct. 2023. Set up a FREE advising session now and secure a spot in the 2023-24 series.**

*Finding the SBDC was like meeting my wife. I instantly knew my quality of life was going to be so much better."*

— Tim Rogers, Owner, Rogers Home Restoration

*SOWI was established as part of the Danny Lang Teaching, Learning & Event Center in 2008 at Umpqua Community College with a mission to serve the wineries of Southern Oregon and as a resource for skilled winery workers.*

*The SOWI facilities are accessible to the wine industry community and continue to raise the profile of the surrounding wine-growing regions.*

Visit [umpqua.edu/sowi](http://umpqua.edu/sowi) for more information.  
**541-440-4629**

For updates please visit [facebook.com/sowicellars](https://www.facebook.com/sowicellars)

**SAVE THE DATE:**  
**Memorial Weekend Open House**  
**May 28, 2023**



SOWI provides the community with:

- Equipment and Bonded Space for Winemaking**  
Ideal for startups
- Event Venue Rentals**  
Meetings, parties, special gatherings and more

### Pop-up Wine Experiences:

#### Post Harvest Celebration: Nov. 25-26, 12-5 p.m.

- Wine tasting of current releases
- Samples of local wineries (no cost to attend/participate)
- Local artists and vendors who feature holiday related products
- Foodbank donation station

#### Saving Grace Fundraiser – Pet Portraits & Wine: Dec. 3, 12-5 p.m.

- Bring your pet for a quality portrait with a cash or pet food donation

#### Valentine's Weekend: Feb. 11, 12-5 p.m.

- Samples of chocolate paired with different SOWI wines
- Samples of local wineries (no cost to attend/participate, each winery welcome to bring their own pairing)
- Live music
- Raffle/Drawings
- Local artists
- Family vine plant



TIM & LEONIE ROGERS





JUSTINA MARTIN

*It is never too late to get an education. You'll be surprised at how much you can actually accomplish when you take control and make getting your GED a priority.* ”

## STEP BACK IN & STUDY FOR YOUR GED or LEARN ENGLISH

### GED

#### Ready to finish high school?

#### Earning your GED at Umpqua Community College gets you benefits.

- Learn from qualified instructors with decades of experience.
- We pay for you to take your GED test, over a \$150 value.
- We work directly with community partners to help you start college or find a job after getting your GED.
- Students can qualify for a 12-credit tuition waiver to attend Umpqua Community College — over a \$1,300 value.

#### We offer flexible options for students.

- Study full-time or part-time
- Day and evening classes available
- Attend class in person or remotely



*Every day, students from diverse backgrounds hone their skills to become better English speakers.*

### ESOL

#### (English to Speakers of Other Languages)

Our ESOL program offers beginning and intermediate level English classes for adults. Classes are offered in the evening and are available to join in person or remotely via a computer. Students will develop their skills in speaking, reading, writing, and listening.

**aprende inglés**  
**영어를 배우다**  
**вчити англійську**  
**学英语**  
**เรียนภาษาอังกฤษ**

#### ¿Qué es ESOL?

Las clases de ESOL enseña a leer, escribir, y hablar inglés. Los estudiantes también aprenden sobre la cultura estadounidense, el trabajo, y la vida.

#### ¿Cuanto cuesta?

El costo de una clase de inglés es \$20 cada término.

#### ¿Como empezar?

Para obtener más información, por favor contáctenos en el Centro Woolley al (541) 440-4603, por correo electrónico a [uccabs@umpqua.edu](mailto:uccabs@umpqua.edu), o en la web en [umpqua.edu/learn-english](http://umpqua.edu/learn-english).

**Register now, classes are only \$20 per term. For more information, visit [umpqua.edu/abs](http://umpqua.edu/abs), call 541-440-4603, or email [uccabs@umpqua.edu](mailto:uccabs@umpqua.edu)**

Umpqua Community College offers in-person classes at the Woolley Center in Roseburg, and at the South County Campus in Tri-City. Remote options are available for students who are unable to attend in person.





Umpqua Community College  
1140 Umpqua College Road  
PO Box 967  
Roseburg OR 97470

Periodical  
Postage  
**PAID**  
Roseburg, OR

**POSTAL CUSTOMER**  
ECRWSS

# PHARMACY TECHNICIAN TRAINING



This course prepares you to sit for the Pharmacy Technician Certification Board (PTCB) or National Health Career Association National Certification Exam (ExCPT).



The Umpqua Valley STEAM Hub . . . supporting families, educators, youth-serving organizations and community members to provide quality STEAM learning experiences for our youth. We provide professional development and consulting, community events and manage a resource lending library for educators and youth organizations.

Follow our activities at <https://linktr.ee/UmpquaValleySTEAM>

 [facebook.com/UVRSH/](https://facebook.com/UVRSH/) • [dcpss.org](https://dcpss.org)

*Come visit us on the UCC campus in the hexagonal building  
between Community Workforce Training and Wayne Crooch Hall.*

